



## **COMFORT FOOD**

Heat up your winter with the warmth of local products

SLOW FOOD TORONTO, 720 BATHURST, SUPER SPROUTS, KARMA COOP, PLAN B (CSA), DUFFERIN GROVE FARMERS MARKET, URBAN HARVEST, & HENRY OF PELHAM WINERY

present

A Tasty Dinner and An Open Forum About HOW TO EAT WELL AND LOCALLY -- YEAR-ROUND

> Monday, February 20 6-9 pm Super Sprouts 720 Bathurst Street (south of Bloor)

\$30 Slow Food members \$35 non-members

RSVP: Matt Strand 720 BATHURST 416-977-7796 matt@supersprouts.com

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