

# Dufferin Mall Youth Services

Inside the Mall on the Bottom Floor 416-535-1140 tpsys@bellnet.ca

O c t o b e r O c t o b e r O c t o b e r O c t o b e r O c t o b e r  
M o n d a y T u e s d a y W e d n e s d a y T h u r s d a y F r i d a y

2	3	4	5	6
<p>Need assistance with your schoolwork? Preparing for a test? DMYS is now offering <b>Homework Help</b> 4:00 – 6:00pm</p>	<p><b>Duke of Edinburgh's Award</b> If you are between the ages of 14-23, this is a great opportunity to accept a new challenge. 4pm @ Bloor/Gladstone Library</p>	<p><b>Walk-in Counselling</b> 7:00pm 4:00pm <b>Speak and Snack-</b> we bring the eats, you bring the conversation.</p>	<p><b>Yoga @ Bloor/Gladstone Library</b> 4:30-6:00pm We're always welcoming new participants for our weekly sessions.</p>	<p>Feeling creative? Need a way to express yourself through art? If so, come by and make use of our <b>Art Space</b></p>
<p><b>DMYS CLOSED</b> For Thanksgiving Holiday Have a fun and safe long weekend!</p>	<p>Have you heard of the <b>Duke of Edinburgh's Award</b>? Find out @ Bloor/Gladstone Library 4:00-5:30pm</p>	<p>3:00-6:00pm <b>Join us in the Park-</b> DMYS is now in Dufferin Grove Park every week 4:00pm Need a post school snack? <b>Veggies and Debates.</b></p>	<p><b>Walk-in Counselling</b> 1:00- 3:00pm <b>Yoga @ Bloor/Gladstone Library</b> 4:30-6:00pm <b>Talk It Up</b> starts today- we invite you to our new discussion group. 4:00-5:00pm</p>	<p><b>Walk-in Counselling</b> 12:00pm, 2:00pm, 4:00pm Concerned about your relationships? Problems with friends or family members?</p>
<p><b>Walk-in Counselling</b> 7:00pm First come first served. <b>Homework Help</b> 4:00-6:00pm our friendly tutor is always willing to help</p>	<p>3:00-6:00pm <b>Join us in the Park-</b> DMYS is now in Dufferin Grove Park different days every week. <b>Duke of Edinburgh's Award</b> @ Bloor/Gladstone Library 4:00-5:30pm</p>	<p><b>Walk-in Counselling</b> 6:00pm – 8:00pm 4:00pm Got a <b>hot topic?</b> Let's discuss it over a <b>snack.</b></p>	<p><b>Yoga @ Bloor/Gladstone Library</b> 4:30-6:00pm <b>Talk It Up</b> A safe place to speak your mind. 4:00-5:00pm</p>	<p>Looking for a part-time job? Come to DMYS and we can help! Work on your resume, develop a cover letter, and practice needed interview skills</p>
<p>Working on a school project or essay? Finding math or science a little tough? <b>Homework Help</b> 4:00pm-6:00pm</p>	<p>DMYS offers counselling services for drug and alcohol use every Tuesday. Call for details. <b>Duke of Edinburgh's Award</b> @ DMYS 4:00-5:30pm</p>	<p><b>Walk-in Counselling</b> 7:00pm 4:00pm <b>Dip Talk</b> - Come hang out over a bite to eat.</p>	<p><b>Walk-in Counselling</b> 1:30 - 3:30pm <b>Yoga @ Bloor/Gladstone Library</b> 4:30-6:00pm <b>Talk It Up</b> What's your beef? 4:00-5:00pm</p>	<p>Sex, Drugs, Music, and Movies- We always have some juicy discussions at DMYS!</p>
<p>4:00pm <b>Celebrate your Success</b> this month-join us to recognize this month's great accomplishments. Food, cake &amp; refreshments served. <b>Homework Help</b> 4:00pm-6:00pm</p>	<p><b>Walk-in Counselling</b> 2:00- 4:00pm <b>Duke of Edinburgh's Award</b> @ Bloor/Gladstone Library 4:00-5:30pm <b>HAPPY HALLOWEEN!</b></p>	<p><b>Do You Know</b></p>	<p><b>DMYS?</b></p>	<p>In case you didn't know, we are now located on the bottom floor. Walk through the No Frills entrance and down the corridor. We are across from COSTI</p>